

Heat@Home

by IDIOM

FROZEN HOME MEALS

by professional chefs
FOR HEATING-AT-HOME



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IDIOM DEFROST, HEAT@HOME

These individual tasty meal offerings for two persons are produced weekly and frozen for convenient use.

OVEN-BAKED PASTA DISHES

R145 serves 2, **R250** serves 4,

- Beef lasagne made with hand-rolled pasta and A-grade beef.
- Spinach and ricotta cannelloni baked in tomato sauce and topped with mozzarella Cheese (V).

SOUPS / **R100** serves 2, 700ml

- Roasted Red pepper and Tomato Soup with fresh garden herbs. 700ml serves 2 (GF) (V).
- Chicken Bone broth with shredded chicken and winter vegetables. 700ml serves 2 (GF).

CURRIES / **R160** - serves 2

- Beef Vindaloo - a spicy beef curry.
- Chicken Tikka Masala - chicken that is braised in a mildly spiced yoghurt sauce.

GOURMET STEWS / **R195** - serves 2

- North African lamb and green bean stew.
- Waterblommetjie Bredie.

CHILLED DESSERTS / **R50**

- White, Caramel and Dark Chocolate Mousse Trio laced with Amarula
- Tiramisu Semifreddo: a frozen take on a traditional classic with a dash of Amaretto (V)

