



HEAT@HOME BY IDIOM RESTAURANT

# FROZEN HEAT-AT-HOME MENU

*Gourmet meals prepared  
by professional chefs*



QUERIES: +27 (0) 21 858 1088

*These individual tasty meal offerings for two or four people are produced weekly and frozen for convenient use.*

## OVEN BAKED PASTA DISHES

Beef lasagne made with hand-rolled pasta and A-grade beef  
SERVES 2 **R145**  
SERVES 4 **R250**

Spinach and ricotta cannelloni baked in tomato sauce and topped with mozzarella cheese  
SERVES 2 **R145**  
SERVES 4 **R250**  
(V)

## CURRIES

SERVES 2 **R160**  
Beef Vindaloo – a fiery and spicy beef curry

SERVES 2 **R160**  
Chicken Tikka Masala – braised in a mildly spiced yoghurt sauce

## GOURMET STEWES

SERVES 2 **R195**  
North African lamb and green bean stew

## SOUPS

SERVES 2 – 700ML **R100**  
Roasted red pepper and tomato soup with fresh garden herbs  
(GF) (V)

SERVES 2 – 700ML **R100**  
Chicken bone broth with shredded chicken and winter vegetables  
(GF)

## CHILLED DESSERTS

SERVES 2 **R50**  
White, caramel and dark chocolate mousse trio laced with Amarula  
(GF) (V)

GLUTEN FREE (GF) VEGETARIAN (V)